

Adventure Trip in Old Age: Part I

**Atlantic Crossing
Las Palmas – Curacao
04.10-05.11.2021**

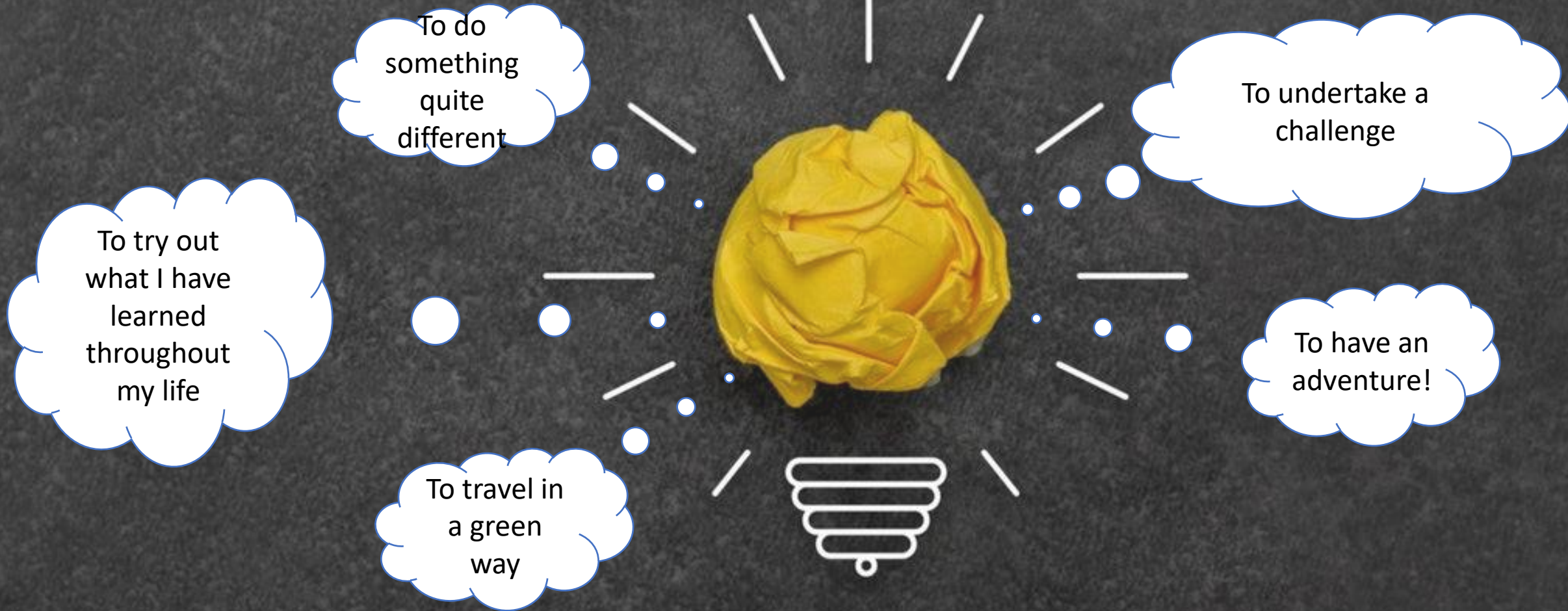


Where did the idea for the journey come from?



The journey
started in an ice
cream parlour in
Seeheim!

What was my motivation for making the trip at my age?

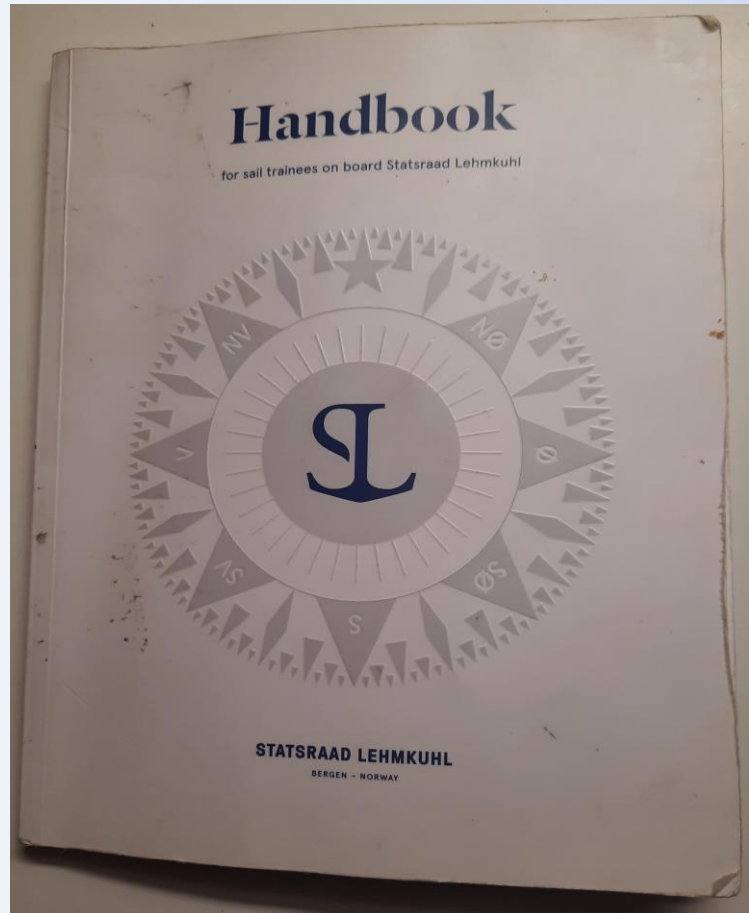


General Information About the Journey

- Cost: c. 4000 Euro
- Number of Trainees: 98 Persons
- Duration: 5 weeks
- Accomodation: Dormitory with hammocks
- Food: very basic
- Covid-Regulations: Tests done by the crew and the ship's doctor
- Language: English
- Make-up of the Group: Mostly Norwegian, Age: 15-79
- On Board Rules...

Statsraad Lehmkuhl – a training ship for more than 100 years

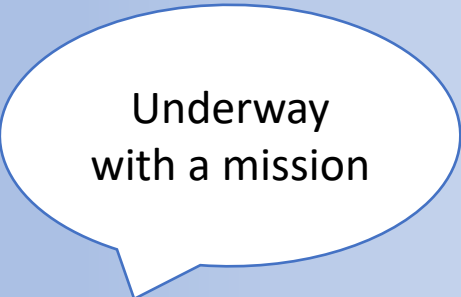
On Board Rules



Las Palmas to Curacao



Goals of the „One Ocean Expedition



Underway
with a mission

- The main goal of the One Ocean Expedition is "to create attention and share knowledge about the ocean's crucial role for a sustainable future in a global perspective". The expedition Summarized: Due to the challenging times the world is facing, it has never been more important that we fulfil the commitment of performing the One Ocean Expedition, on behalf of the ocean, on behalf of our future. We hope you will follow us, either on board or ashore.
- Fair winds and following seas from the tall ship Statsraad Lehmkuhl and from all the dedicated partners of One Ocean Expedition

My Preparations in Las Palmas

Eating Fish,

Learning Spanish
at twilight

Chilling out



Las Palmas – Museum Christoph Colon

Auf den
Spuren der
frühen
Atlantiküberquerungen



First Sight of the Beauty in the Harbour at Las Palmas



My Shipmates - a small Norwegian Village

98 Shipmates,
mostly from
Norway, aged
between 14
and 79

Many
Engineers and
Medics, some
Scientists!



Sleeping Quarters

Sleeping
at night
was
rather
difficult



Saloon and Canteen



Not a
mediterranean
diet

Having a Meal



Galley



A Workshop



The Navigation Officer
was our guarantee of a
safe voyage

Modern Navigation



Crew Mess



Officers' Mess

There is also
an unused
owner's
cabin dating
from 1914



Luxury for
the King!

Collectors' items
auctioned to
raise money for
the ship

Barrels of Rum taken around the world



The Captain, the
best shanty
singer on board



Erfolgreicher Fischfang



Watch-Leader/Instructor with Tattoo



Leader, Chief,
and
„Housemaid“!

Red Watch – 2 daily Shifts: Midnight to 4 a.m. und noon to 4 p.m.

2 Dänen,
1 Kanadier,
2 Deutsche,
30 NorwegerInnen



Shipmate
from Norway

Engineer and
enthusiastic
sailor



Renovation Work



Steering

By the end of the
journey I trusted
myself to steer
alone



Setting the Sails



Climbing the Rigging



Hauling in the Sails

The woman nearest the camera is doing an apprenticeship to become a Watch-Leader



Hauling in the Sails



High up with
the sails



Red Watch Learning to Tie Knots



Presentation of homemade sailors' knives



Talking with my oldest Shipmate



Sea dog from Norway with a History on Board the Ship

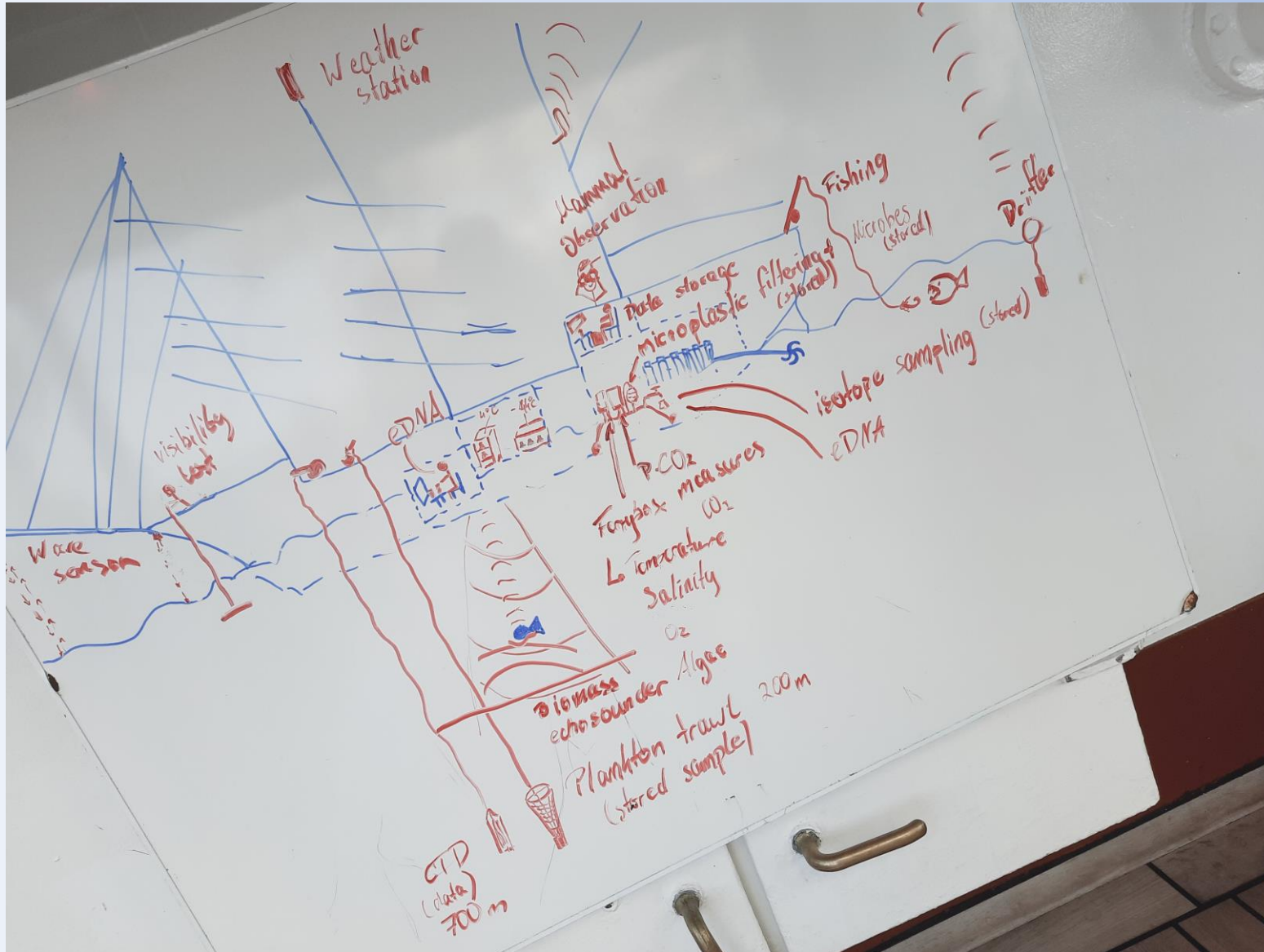


When he was
15 he trained
on this ship

Navigation with a Sextant



Lecture about the Ocean Research Project



The University of Bergen is mapping the ecological situation of the world's oceans

Listening to the Lecture



Lecture about Tattoos during the Nightshift



The tattoos depended on how far the sailor had travelled and where

Free Time on Board



Swimming in the Atlantic – 4000 Meters Deep

No Sharks
around



Afternoon Games during Free Time on a Saturday



Open-Air Cinema

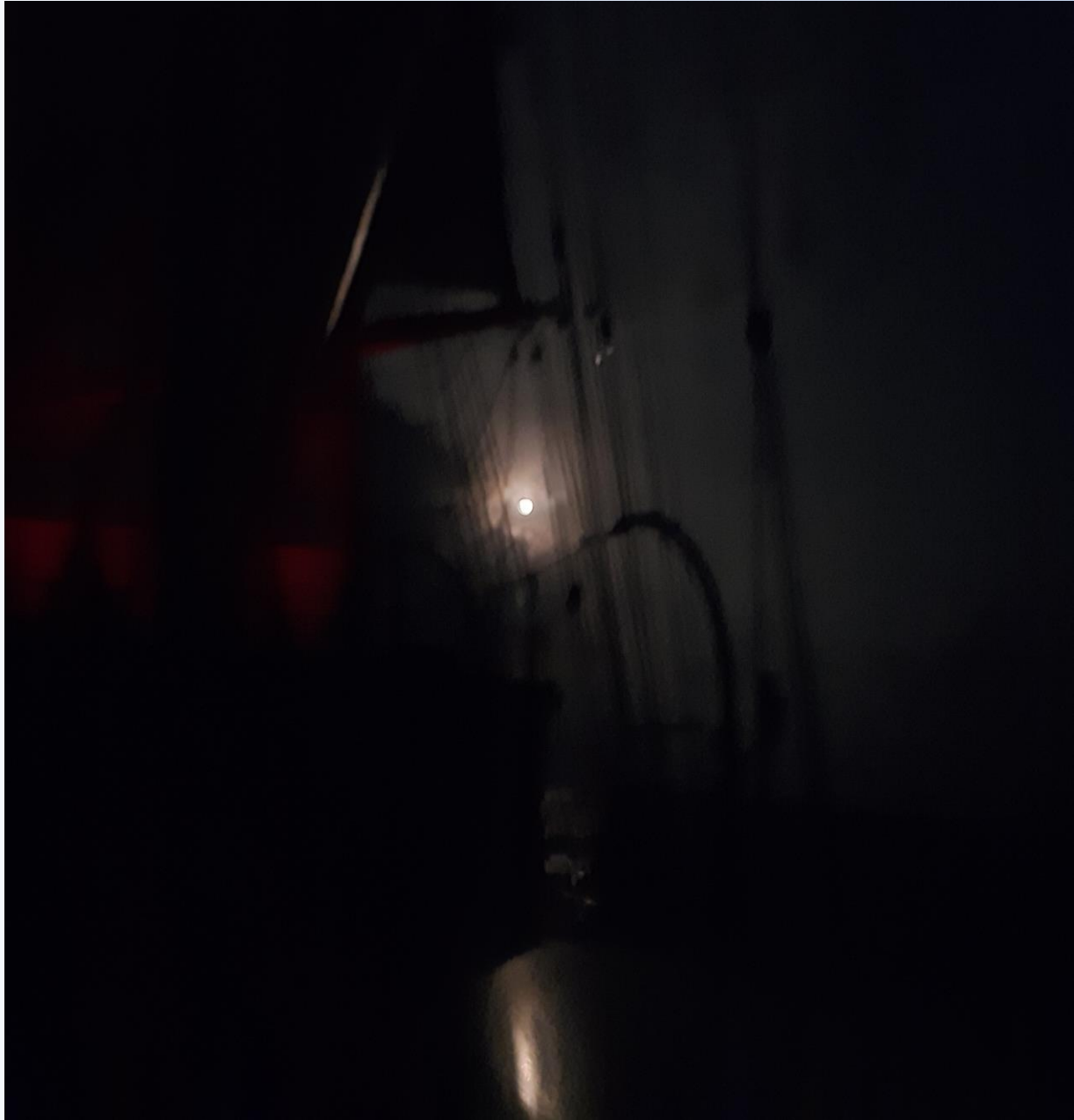


Every Saturday
Evening a Pirate Film

From my Diary

- 21 Oct 2021: 8 Knots, very windy, Sunshine, very choppy with 3-5 meter waves. Very nice and safe in this big ship. The Tradewinds are still favourable for us, we made good speed with hardly any sails
- 25 Oct 2021: 5-10 Knots, Sun, hardly any Swell. 5 Dolphins sliding over the Water. Large Cargo-Ship sighted, perhaps 5 Seamiles away.

Impressions of Nature





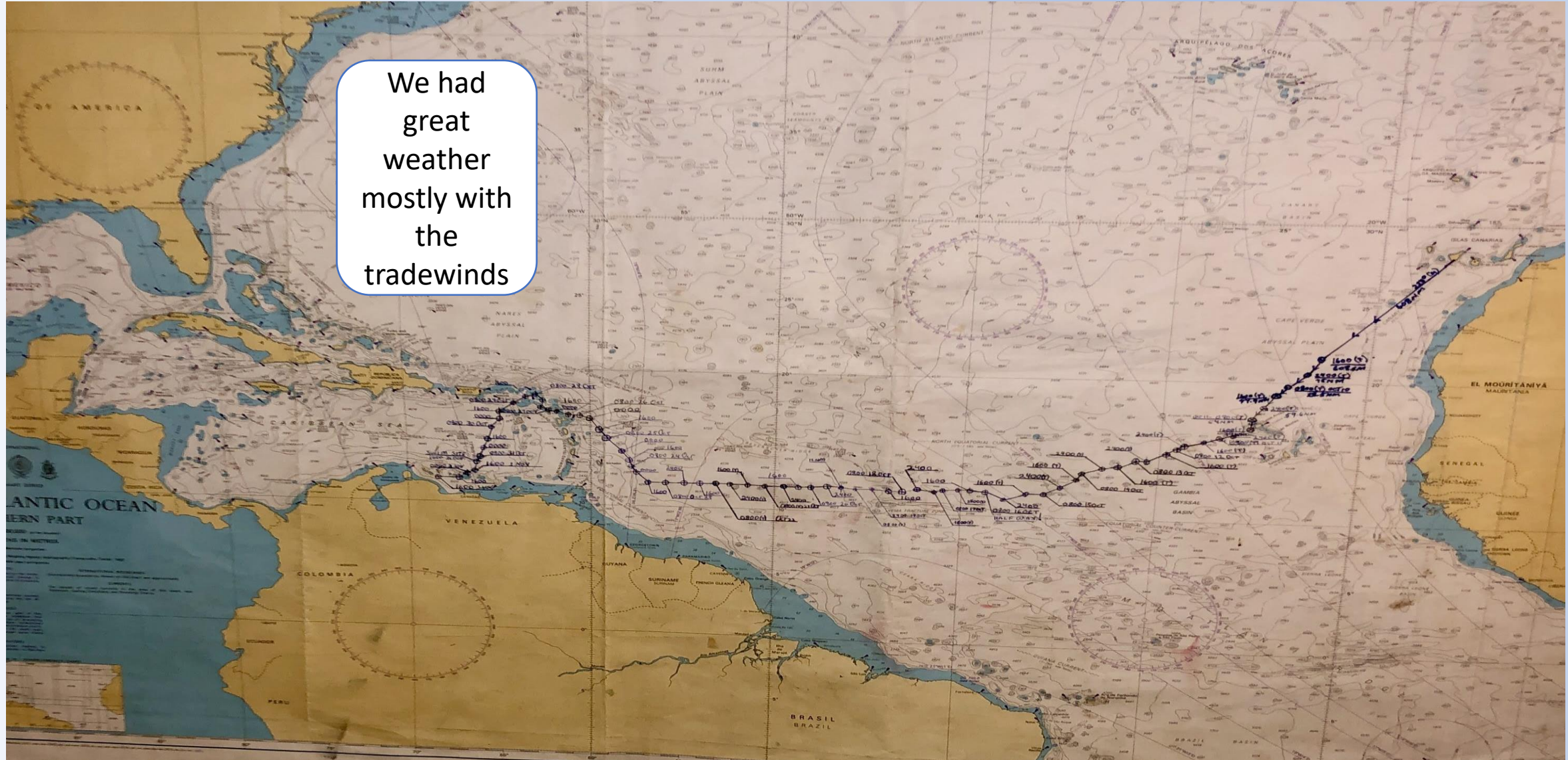




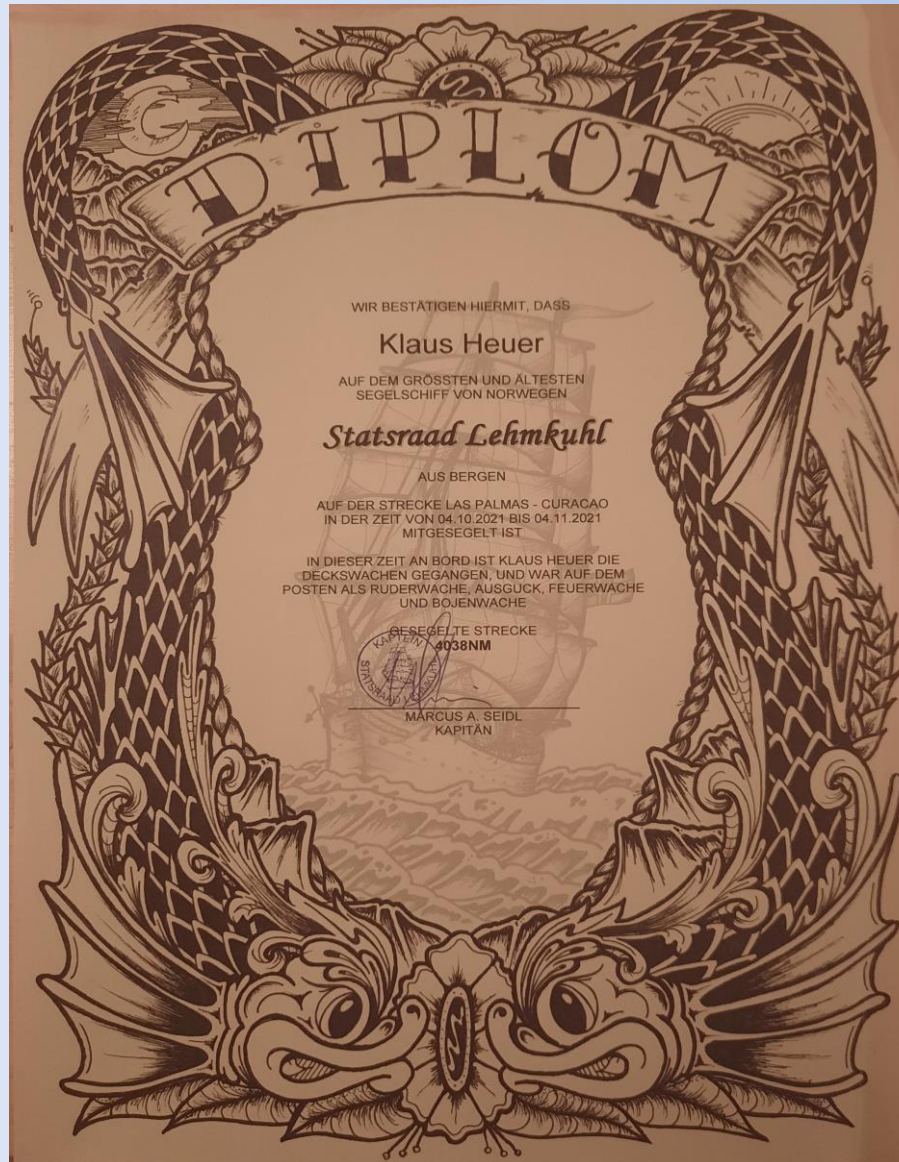


Our Route

We had
great
weather
mostly with
the
tradewinds



Shipmate's Certificate



4038 Nautical
Miles: After that
distance Tattoos
are allowed
everywhere on
your body

My Argentinian Friend having Breakfast on Curacao

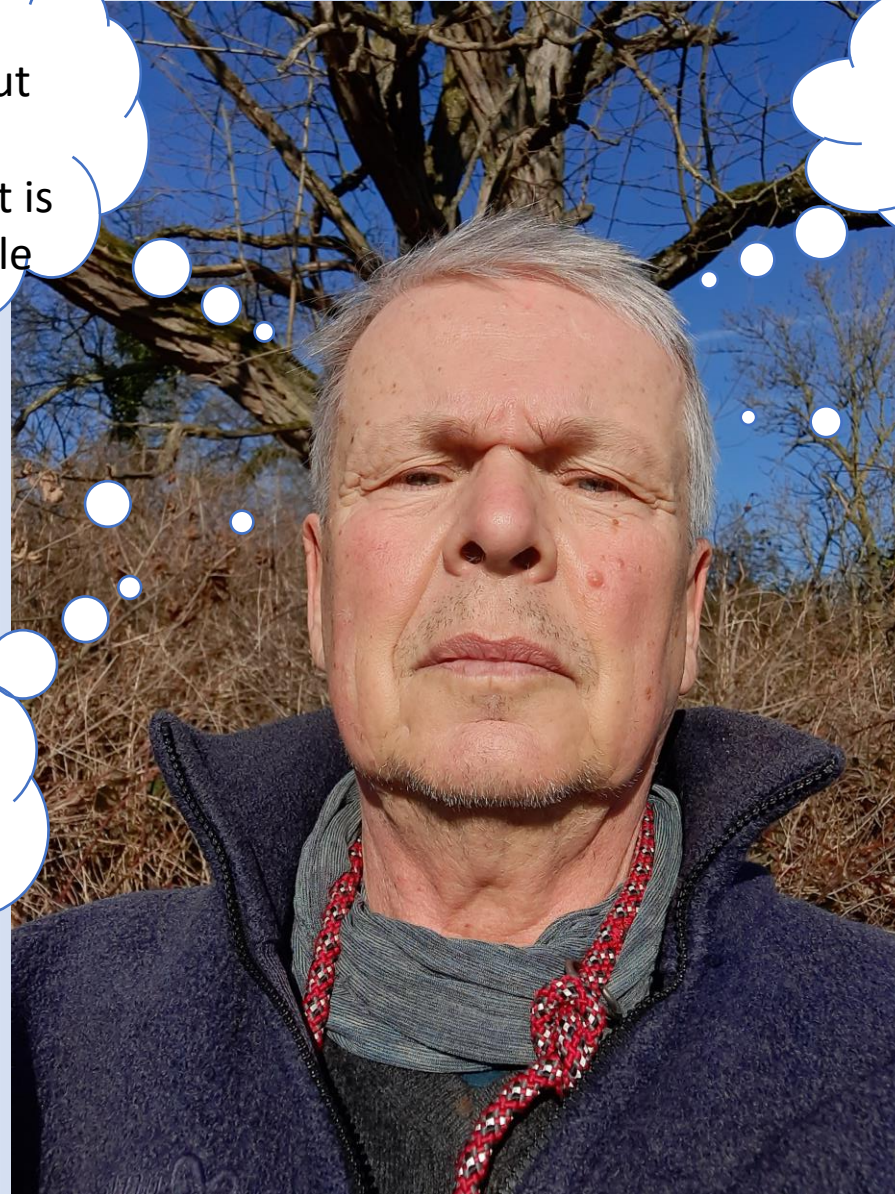
We deserved this!



Surprises on the Journeys

- Language Confusion: Deutsch, Englisch, Norwegisch, Spanisch
- Hierarchical and masculine structure
- No Privacy for 5 Weeks
- Different Ways of Feeling Lonely

How did I change?!



Life
without
the
Internet is
Possible

To realize and
accept your own
Shortcomings

To live in
the Here
and Now

Living and
Working with
very Different
People

The Purity of
Water, Wind,
Sun and the
Starry Sky

Thank You Very Much for Listening

There are also German
and Spanish Versions of
the Presentation

Many thanks to Hojjat and Terry who helped
me prepare the Presentation and the fotos
of Don and Marie

Presentations in Preparation

- Adventure-Journey in Old Age Part II – Peru 07 Nov-02 Dec 2021
- Adventure-Journey in Old Age Part III – Bolivia 02 Dec 2021-07 Jan 2022